

YUNYING (ANNIE) LE

Human Development and Family Studies
115 Health and Human Development Bldg.
University Park, PA 16802

Email: yxl265@psu.edu
Phone: 970-691-4501

EDUCATION

The Pennsylvania State University, Ph.D. Expected Summer 2019

Human Development and Family Studies

Dissertation (in progress): *Daily relational processes in first-time parents during the transition to parenthood.*

Concentration: Prevention and Intervention Research
Developmental Research Methodology

Chair: Steffany J. Fredman, Ph.D.

The Pennsylvania State University, M.S. Summer 2015

Human Development and Family Studies

Master's Thesis: *Parenting stress mediates the association between negative affect and harsh parenting: A dyadic perspective.*

Chair: Steffany J. Fredman, Ph.D.

Colorado State University, B.S., magna cum laude August 2013

Psychology

East China Normal University (Shanghai, China), B.S. August 2013

Applied Psychology

HONORS AND AWARDS

Conference Student Submission Award 2018

International Association for Relationship Research

Knoll Fellowship 2013 – 2017

The Pennsylvania State University

Conference Student Submission Award 2016

International Association for Relationship Research

Magna Cum Laude 2013

Colorado State University

Chinese/Vietnamese Award for Undergraduate Excellence 2011 – 2013

Colorado State University

Dean's List 2011 – 2013

The College of Natural Sciences, Colorado State University

SCHOLARLY PUBLICATIONS

Peer-Reviewed Publications

1. Jenkins, A. I. C., Fredman, S. J., **Le, Y.**, Sun, X., Brick, T. R., Skinner, O. D., & McHale, S. M. (in press). Prospective associations between depressive symptoms and marital satisfaction in Black couples. *Journal of Family Psychology*. doi:10.1037/fam0000573
2. Marshall, A. D., **Le, Y.**, Fredman, S. J., Feinberg, M. E., Taverna, E. C. & Jones D. E. (2019, July 18). Prospective, dyadic links between posttraumatic stress disorder symptoms and family violence in the early years of parenthood. *Journal of Family Psychology*. Advance online publication. doi:10.1037/fam0000557
3. Coates, E. E., Tran, Q., **Le, Y.**, & Phares, V. (2019, July 8). Parenting, coparenting, and adolescent adjustment in African-American single-mother families: An actor-partner interdependence mediation model. *Journal of Family Psychology*. Advance online publication. doi:10.1037/fam0000552
4. Fredman, S. J., **Le, Y.**, Marshall, A. D., Garcia Hernandez, W., Feinberg, M. E., & Ammerman, R. T. (2019). Parent PTSD symptoms and child abuse potential during the perinatal period: Direct associations and mediation via relationship conflict. *Child Abuse & Neglect, 90*, 66-75. doi:10.1016/j.chiabu.2019.01.024
5. **Le, Y.**, Fredman, S. J., McDaniel, B. T., Laurenceau, J.-P., & Feinberg, M. E. (2019). Cross-day influences between couple closeness and coparenting support among new parents. *Journal of Family Psychology, 33*, 360-369. doi:10.1037/fam0000489
6. Fredman, S. J., Marshall, A. D., **Le, Y.**, Aronson, K. R., Perkins, D. F., & Hayes, J. A. (2019). Interpersonal relationship quality mediates the association between military-related posttraumatic stress and academic dysfunction among student veterans. *Psychological Trauma: Theory, Research, Practice, and Policy, 11*, 415-423. doi:10.1037/tra0000363
7. **Le, Y.**, Fredman, S. J., & Feinberg, M. E. (2017). Parenting stress mediates the association between negative affectivity and harsh parenting: A longitudinal dyadic analysis. *Journal of Family Psychology, 31*, 679-688. doi:10.1037/fam0000315
8. Fredman, S. J., **Le, Y.**, Marshall, A. D., Brick, T. R., & Feinberg, M. E. (2017). A dyadic perspective on PTSD symptoms' associations with couple functioning and parenting stress in first-time parents. *Couple and Family Psychology: Research and Practice, 6*, 117-132. doi:10.1037/cfp0000079

9. Fredman, S. J., Beck, J. G., Shnaider, P., **Le, Y.**, Pukay-Martin, N. D., Pentel, K. Z., ... & Marques, L. (2017). Longitudinal associations between PTSD symptoms and dyadic conflict communication following a severe motor vehicle accident. *Behavior Therapy*, *48*, 235-246. doi:10.1016/j.beth.2016.05.001
10. **Le, Y.**, McDaniel, B. T., Leavitt, C. E., & Feinberg, M. E. (2016). Longitudinal associations between relationship quality and coparenting across the transition to parenthood: A dyadic perspective. *Journal of Family Psychology*, *30*, 918-926. doi:10.1037/fam0000217
11. O'Donnell, M. B., Bentele, C. N., Grossman, H. B., **Le, Y.**, Jang, H., & Steger, M. F. (2014). You, me, and meaning: An integrative review of connections between relationships and meaning in life. *Journal of Psychology in Africa*, *24*, 44-50. doi:10.1080/14330237.2014.904097

Manuscripts under Review

1. Fredman, S. J., Macdonald, A., Monson, C. M., Dondanville, K. A., Blount, T. H., Hall-Clark, B. N., Fina, B. A., Mintz, J., Litz, B. T., Young-McCaughan, S., Hancock, A. K., Rhoades, G. K., Yarvis, J. S., Resick, P. A., Roache, J. D., **Le, Y.**, Wachen, J. S., Niles, B., McGeary, C., Keane, T. M., & Peterson, A. L. (2019). *Intensive multi-couple group therapy for PTSD: A non-randomized trial with military and veteran dyads*. Manuscript under review for publication.
2. Feinberg M. E., Boring J., **Le, Y.**, Hostetler, M. L., Karre J., Irvin J., & Jones D. E. (2018). *Supporting military family resilience at the transition to parenthood: A trial of an online version of Family Foundations*. Manuscript under review for publication.

Manuscripts in Preparation

1. **Le, Y.**, Fredman, S. J., Chow, S. M., Oravec, Z., Slep, A. M. S., & Heyman, R. E. (2019). *Temporal dynamics of anger emotions in romantic couples*. Manuscript in preparation.
2. **Le, Y.**, Fredman, S. J., McDaniel, B. T., Laurenceau, J.-P., & Feinberg, M. E. (2019). *Effects of capitalization on couples' relational well-being during the first year of parenthood: A dyadic daily diary study*. Manuscript in preparation.
3. **Le, Y.**, Fredman, S. J., McDaniel, B. T., Laurenceau, J.-P., & Feinberg, M. E. (2019). *Daily parental depletion mediates the association between parenting stress and relationship closeness among first-time parents*. Manuscript in preparation.
4. Fredman, S. J., **Le, Y.**, Taverna, E. C., & Marshall, A. D. (2019). *Fear of emotions mediates the association between PTSD symptoms and couples' demand-withdraw behaviors*. Manuscript in preparation.

PEER-REVIEWED CONFERENCE PRESENTATIONS

1. **Le, Y.**, Fredman, S. J., & Feinberg, M. E. (2019, November). The impacts of sleep and capitalization on new parents' daily relational experiences. In C. Huntington (Chair), *Impacts of Relationship Transitions on Romantic Relationship Quality and Individual Wellbeing*. Paper to be presented at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
2. **Le, Y.**, Fredman, S. J., & Feinberg, M. E. (2019, November). *Predictors of daily capitalization attempts in expectant couples*. Poster to be presented at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
3. Fischer, M. S., Fredman, S. J., Baucom, D. H., Taverna, E. C., Le, Y., Chow, S.-M., & Marshall, A. D. (2019, November). *Self-reported emotion regulation difficulties and vocally encoded emotion regulation among couples with PTSD*. Poster to be presented at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
4. Fredman, S. J., Fischer, M. S., Baucom, D. H., Taverna, E. C., **Le, Y.**, Chow, S.-M., & Marshall, A. D. (2019, November). Real-time interpersonal linkages in emotional arousal in couples with PTSD during relationship conflict. In S. J. Fredman (Chair), *The interpersonal regulation of emotion within couples coping with unique stressors*. Paper to be presented at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
5. **Le, Y.**, Fredman, S. J., Chow, S. M., Oravec, Z., Smith Slep, A. M., & Heyman, R. E. (2018, November). Temporal dynamics of anger across two emotion channels in romantic couples. In M. S. Fischer (Chair), *Merging theory with methodological advances: Empirical applications of a dynamical systems framework for an in-depth understanding of couple functioning*. Symposium conducted at the 52nd annual convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
6. Marshall, A. D., **Le, Y.**, Fredman, S. J., Taverna, E., Feinberg, M. E., & Jones, D. E. (2018, November). A longitudinal dyadic analysis of posttraumatic stress disorder symptoms and family aggression. In S. LoSavio (Chair), *Thinking beyond the individual: Family impacts of PTSD and its treatment*. Symposium conducted at the 52nd annual convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
7. Fredman, S. J., Marshall, A.D., **Le, Y.**, Aronson, K. R., Perkins, D. F. & Hayes, J. A. (2018, November). Interpersonal relationship quality mediates the association between military-related posttraumatic stress and academic dysfunction among student veterans. In L. M. Sippel and L. Watkins (Chairs), *Implications of interpersonal relationships for functioning and treatment among military veterans with PTSD*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Washington D.C.

8. Jenkins, A. I. C., Fredman, S. J., **Le, Y.**, Sun, X., Skinner, O. D., & McHale, S. M. (2018, November). *Links between depressive symptoms and marital satisfaction in African American couples*. Lightning Paper presented at the annual meeting of the National Council on Family Relations, San Diego, CA.
9. **Le, Y.**, Fredman, S. J., & Feinberg, M. E. (2018, July). *Daily association between capitalization attempts and relationship intimacy for couples across the transition to parenthood*. Talk presented at 2018 International Association for Relationship Research (IARR), Fort Collins, CO.
10. **Le, Y.**, Fredman, S. J., & Feinberg, M. E. (2017, November). *Daily association between capitalization attempts and relationship intimacy for couples across the transition to parenthood*. Poster presented at the 51st annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
11. Fredman, S. J., **Le, Y.**, Garcia Hernandez, W., Feinberg, M. E., & Ammerman, R. T. (2017, November). Parent PTSD symptoms and child abuse potential during the transition to parenthood: Direct association and mediation via relationship conflict. In L. A. Meis (Chair), *Embracing complexity: How PTSD can shape and be shaped by families*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
12. **Le, Y.**, McDaniel, B. T., Leavitt, C. E., Fredman, S. J., & Feinberg, M.E. (2017, June). *Associations between couple relationship quality and coparenting during the transition to parenthood: Micro and macro perspectives*. Paper presented at 2017 International Association for Relationship Research (IARR), Syracuse, NY.
13. **Le, Y.**, Fredman, S. J., & Feinberg, M. E. (2016, October). Parenting stress mediates the association between neuroticism and harsh parenting: A dyadic approach. In S. J. Fredman (Chair), *Two heads are better than one: Novel approaches to the study and treatment of individual psychopathology in a couple context*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
14. **Le, Y.**, Fredman, S. J., & Lou, Y. (2016, October). *Refinement of a brief measure of relationship distress for Chinese couples using item response theory*. Poster presented at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
15. Fredman, S. J., **Le, Y.**, Marshall, A. D., Brick, T. R., & Feinberg, M. E. (2016, October). A dyadic perspective on the associations among PTSD symptoms, perceived couple functioning, and parenting stress. In S. J. Fredman (Chair), *Partnering and parenting in the presence of PTSD*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

16. **Le, Y.,** Fredman, S. J., & Lou, Y. (2016, July). *Conflict over in-law issues mediates the association between gender role consensus and relationship distress in Taiwanese couples: A dyadic perspective*. Poster presented at 2016 International Association for Relationship Research (IARR), Toronto, Ontario, Canada.
17. **Le, Y.,** Fredman, S. J., & Feinberg, M. E. (2015, November). *Perceived child difficulty mediates the association between mothers' and fathers' neuroticism and overreactive parenting*. Poster presented at the 49th annual convention of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.
18. **Le, Y.,** McDaniel, T. B. & Feinberg, M. E. (2015, March). *Stability and change in marriage across transition to parenthood: The unique role of coparenting from a longitudinal dyadic perspective*. Poster presented at the sixteenth annual meeting of the Society for Personality and Social Psychology (SPSP), Long Beach, CA.
19. **Le, Y.,** Wu, S., & Harman, J. J. (2013, January). *Sex roles matter: Uncovering its impact on associations between power, patriarchal, and egalitarian beliefs in romantic relationships*. Poster presented at the fourteenth annual meeting of the Society for Personality and Social Psychology (SPSP), New Orleans, LA.

RESEARCH EXPERIENCE

Graduate Research Assistant January, 2014 – Present
Couple and Family Adaptation to Stress Lab, The Pennsylvania State University
 Lab Director and Supervisor: Steffany J. Fredman, Ph.D.
 Conducted data analyses using Mplus, SAS, and R with dyadic multi-wave longitudinal data and dyadic intensive longitudinal data from both basic research and intervention studies, conducted literature reviews, supervised junior graduate students in data analysis, created code books, supervised undergraduate research assistants performing lab tasks.

Graduate Research Assistant January, 2014 – Present
Family Foundations, The Pennsylvania State University
 Lab Director and Supervisor: Mark E. Feinberg, Ph.D.
 Conducted observational coding of child behaviors and fidelity coding of *Family Foundations* program, conducted data analysis using Mplus, R, and SAS with dyadic multi-wave longitudinal data, dyadic daily diary data, and intervention data from a randomized controlled trial.

Graduate Research Assistant August, 2013 – December, 2013
Family Relationships Project, The Pennsylvania State University
 Lab Director and Supervisor: Susan McHale, Ph.D.
 Assisted with data management using SAS, finalized codebooks, and assisted with administrative tasks under the guidance of senior graduate students in the lab.

Undergraduate Research Assistant

August, 2011 – May, 2013

Adult Development and Aging Project (ADAPT), Colorado State University

Labor Director and Supervisor: Manfred Diehl, Ph.D.

Coordinated data management, assisted with administrative tasks, recruitment tasks, and in-lab data collection for the Awareness of Age-Related Change (AARC) Study, transcribed daily stress interviews, and converted cassette tape into mp3 files using Audacity software for the DAILY Stress Interview (DAISI) Study.

Undergraduate Research Assistant

August, 2012 – May, 2013

Meaning in Life Lab, Colorado State University

Labor Director and Supervisor: Michael Steger, Ph.D.

Guided participants through study protocol, conducted semi-structured interviews, collaborated with team members to write a literature review regarding meaning in life and relationships, and participated in lab meetings.

Independent Study

May, 2012 – May, 2013

Supervisor: Jennifer Harman, Ph.D.

Conducted study examining power and its effects of power in romantic relationships. Used SPSS to perform data analyses, including correlation, regression, and exploratory factor analysis. Conducted literature search using EBSCO database. Created and presented a poster for Society of Personality and Social Psychology (SPSP) annual conference in 2013.

PROFESSIONAL AFFILIATIONS

Student Member, Association for Behavioral and Cognitive Therapies (ABCT) Couples Special Interest Group (SIG)	2015 – Present
Student Member, Association for Behavioral and Cognitive Therapies (ABCT)	2014 – Present
Student Member, International Association for Relationship Research (IARR)	2012 – Present

TEACHING EXPERIENCE

Graduate Teaching Assistant & Lab Instructor

January – May, 2018

HDFS 312W Empirical Inquiry in Human Development (Research Methods)

Led recitation labs each week to review concepts related to research methods and design in human development research, aided students in learning and applying concepts covered in lecture, provided feedback on student research papers, guided students through revisions on papers during one-on-one individual student meetings, graded research papers and exams, and assisted in classroom management.

Graduate Teaching Assistant August, 2016 – May, 2017
HDFS 129 Introduction to Human Development and Family Studies
Aided students in learning and applying concepts, met individually with students during office hours, led exam review sessions, graded exams and assisted in classroom management.

Graduate Teaching Assistant January – May, 2016
HDFS 519 Methods of Statistical Analysis in Human Development (Graduate level regression course)
Aided students in learning and applying regression concepts and R code, assisted/led in class activities, met individually with students during office hours, and graded mid-term and final exams.

Graduate Teaching Assistant August, 2014 – December, 2015
HDFS 229 Infant & Child Development
Aided students in learning and applying key concepts, provided feedback on student research papers, met with students individually during office hours, graded research papers and exams, led exam review sessions, and assisted in classroom management.

Invited and Guest Lectures

HDFS 129 Introduction to Human Development and Family Studies Summer 2016
Human Development and Family Studies, The Pennsylvania State University
Lectured on predictors of healthy versus unhealthy romantic relationship adjustment guided by the ecological model of couple relationship functioning.

HDFS 519 Methods of Statistical Analysis in Human Development Spring 2016
Human Development and Family Studies, The Pennsylvania State University
Lectured graduate level regression course on the topic of multiple regression for three classes.

DEPARTMENTAL/PROFESSIONAL SERVICE

Student Adviser Fall 2016 – Spring 2017
HDFS Department Steering Committee, The Pennsylvania State University

Newsletter Co-Chair Fall 2015 – Spring 2017
Association for Behavioral and Cognitive Therapies (ABCT) Couples Special Interest Group (SIG)

Diversity Co-Chair Fall 2015 – Spring 2016
HDFS Department Steering Committee, The Pennsylvania State University

Newsletter Co-Chair Fall 2014 – Spring 2015
HDFS Department Steering Committee, The Pennsylvania State University

Manuscripts Reviews

Ad hoc reviewer

Journal of Social and Personal Relationships 2018 – Present

Family Process, Journal of Family Psychology, Psychological Trauma: Theory, Research, Practice, and Policy (co-reviewed with Steffany J. Fredman) 2015 – Present

SKILLS

Proficient in Mplus, R, SPSS, SAS

Experience with AMOS, LISREL, Remark software

Proficient in Dyadic Data Analyses, Structural Equation Modeling, Multilevel Modeling, Factor Analysis, Latent Growth Curve Modeling

Experience with Dynamical Systems Modeling, Item Response Theory, Bayesian Analysis, Latent Class Analysis and Latent Profile Analysis

Proficient with MS Office (Word, Excel, PowerPoint, Publisher)

Proficient in administering structured and semi-structured interviews

Proficient in observational coding and intervention fidelity monitoring

Proficient in interview/audiotape transcriptions

Fluent in Mandarin Chinese, Shanghai Dialect, and English